

Outdoor Play at NDPCI

Our Approach

We believe outdoor play is important for children's health and development. We make every effort to go outside each day, but safety always comes first.

Cold Weather

- **-10°C to -15°C** → Shortened outdoor time (max 30 minutes)
 - **-15°C or colder** → Stay indoors
-

Hot Weather

- **30°C+ or high humidity** → Stay indoors
- **UV Index above 10** → Limit or cancel outdoor play

Water always available
Shade or indoor breaks provided
Sunscreen applied as needed

We Stay Indoors When There Is:

- Thunderstorms or lightning
- Heavy rain
- Strong winds
- Poor air quality/smog

Windchill and overall conditions are always considered.

For Families

Please send your child dressed for the weather:

- Warm clothing (hat, mittens, boots) in cold weather
 - Sun protection (hat, sunscreen) in warm weather
-

Our Priority

Keeping children safe while supporting active, healthy play.