

NDPCI Illness Quick Reference Table

Symptom / Illness	Exclusion from Care	Return to Care
Fever ($\geq 37.5^{\circ}\text{C}$ / 99.6°F)	Child must be sent home	Must be fever-free for 24 hours without medication and able to participate in program
Vomiting	Child must be sent home	48 hours after last episode of vomiting
Diarrhea	Child must be sent home	48 hours after last episode of diarrhea
Conjunctivitis / Pink Eye	Child must be sent home	After 24 hours of treatment and with doctor's note if required
Unknown Rash	Child must be sent home	After medical assessment confirms it is not contagious
Chickenpox / Measles / Mumps / Rubella	Child must be sent home	According to public health guidelines ; usually after lesions have crusted over or as advised by doctor/public health
Whooping Cough (Pertussis)	Child must be sent home	After 5 days of appropriate antibiotics or as advised by public health
Other reportable illnesses (e.g., hepatitis A, meningitis, giardiasis)	Child must be sent home	As directed by Region of Waterloo Public Health

Notes for Staff and Families:

- A child may also be excluded if they are **unable to participate in program activities** or if symptoms require constant care.
- Known pre-existing conditions (e.g., seasonal allergies) that do not affect participation do **not** require exclusion.
- NDPCI follows the *Region of Waterloo Public Health* "Infectious Disease Exclusion Guidelines" for all illnesses.

- Staff will isolate children who become ill at preschool and contact parents/guardians immediately.